

CHAPTER SIX



Unleash the Unstoppable Woman

The need for change bulldozed a road down the center of my mind.

—Maya Angelou

Day after day, month after month, year after year, you have hoped for change, for something different, for a better life. You have dreamed and desired to accomplish your goal, to make it “big time,” to become successful, to get a better job, to own a business, to pursue your academic aspirations, to find meaningful relationships, to lose the weight, to improve your financial situation—and yet, day after day, month after month, year after year, there hasn’t been any significant change in your situation.

Despite the fact that you have resolved to no longer settle for less and have been passionate about making your dreams come true, you have not taken any real action to turn them into reality.

You have made all the excuses you can make, blamed your lack of success on your family, your childhood, your race, your

gender, and even your country of origin. You are now at a point where you no longer know who or what to blame. It has become apparent that to get the results you desire, you must change the way you have previously perceived and handled things.

The big question on your mind is: "Who do I need to become to make my life a success?"

The answer to this question is simple. You need to become an unstoppable woman.

WHO IS AN UNSTOPPABLE WOMAN?

An unstoppable woman is one who knows who she is and what she wants to do with her life. She has made a commitment to raise the standard of her life and no longer accepts the mediocre life she has been living. She is confident, has a healthy self-esteem, and is assertive. She believes and knows that she can do better for herself, prepares herself for success, takes actions to turn her dreams to reality, and never gives up.

Are you an unstoppable woman?

Take a minute to consider some specific aspects of your life over the last three years:

- * Are you still doing the same old boring things that always produce disappointing results?
- * Are you still stuck in that unfulfilling career?
- * Have you made progress on any of your important goals?
- * Have you seen any significant improvement in your business?
- * Have you lost the weight?
- * Do you still work at the same place that stifles your creative abilities?

- * Are you still in the dreaming phase of that project you wanted to accomplish?
- * Are you still procrastinating about going back to school?
- * Are you still talking instead of acting?
- * Have you given up on your dream?

If these important aspects of your life are below par, it is time you did something about them. Unleash the unstoppable woman and overcome the situations that threaten to disrupt and thwart your efforts to create the life you want.

OVERCOME OBSTACLES...YOU'VE GOT IT IN YOU

Life can be tough, but you can be tougher. That's just the way it goes.

Your desire to succeed is a sure sign that there is something special about your life and that you have God-given abilities to help you achieve your dreams. It's therefore very possible for you to be who you are, live on any continent of the world, face major adversities, be physically handicapped and yet be unstoppable in your pursuit for success and achievement.

Think about this for a moment: Have you been associated with a "label" which has made you feel different from everyone else? What major obstacle is stopping you from doing better for yourself? Is it your race, your level of education, a victim mentality, your spouse, your lack of confidence, your fears and insecurities, your attitude or your disability to name but a few?

Whatever it is, you can find a way to rise above it. Sabotaging your life and alienating yourself from achieving success on the basis of race, family background, nationality, or personal hardship is a crime against yourself. Even if these circumstances